My Research Project: Generate Ideas by Looping

In your research log, select a response from your freewriting activity and carry out the following looping exercise.

1. Paste the response at the top of your word processing file or write it at the top of a page in your notebook. Then freewrite for five minutes about the response.
2. Identify the best idea in this freewriting.
3. Freewrite for five more minutes about the idea you’ve identified.

Repeat the process until you’ve refined your idea into a potential topic.