TITLE: HOW TO COMMUNICATE: EFFECTIVE LISTENING

00:01[MIRIRAI enters study room to meet REYNALDO who is already there.] **MIRIRAI**: Sorry! I'm running behind today.

00:04 **REYNALDO**: No problem. I've just been getting ready. Thanks, again. It helps to run it through with somebody.

00:007 [MIRIRAI settles her things, sits down, and pulls out her phone to keep time]

00:11 **MIRIRAI**: Sure thing. So. You all set? What's your speech about? Wait, maybe I should just wait for you to get into it.

00:20 **REYNALDO**: (half smiling) It'll be no surprise to you. It's about photography…

00:25 [REYNALDO straightens his posture to begin practicing, but becomes distracted and takes a deep breath.]

00:30 **MIRIRAI**: You've got this. Go ahead.

00:34 [REYNALDO composes himself again, but then shakes his head.]

00:36 **REYNALDO**: Maybe we ought to skip this today. (sits down next to MIRIRAI) I'm just going to waste your time. Sorry.

00:44 **MIRIRAI**: No big deal. But if there's something bothering you I'd like to help.

00:53 **REYNALDO**: Well, the thing is…my sister called this morning. Turns out my dad was diagnosed with early stage Alzheimer's.

01:05 **MIRIRAI**: Oh no! I am so sorry to hear that. My thoughts go out to you and your father. How are you both holding up?

01:18 **REYNALDO**: (waits a beat to respond) I don’t know; it’s just all so new, you know? I don’t know what to do or think or say.

01:29 **MIRIRAI**: Of course. What can I do to help?

01:34 [REYNALDO shrugs his shoulders.]

01:37 **MIRIRAI**: What if we set up another time to practice, and for now, go grab something to eat? If` you want to talk about it, I'm here to listen. If you'd rather not, just say so.

01:49 **REYNALDO**: That sounds good. Thanks. I think I could use the company.