

## **Reading College Textbooks**

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**Dave Dillon – Counselor and Instructor Grossmont College in San Diego**

I think that students coming into college for the first time often have difficulty reading college textbooks. And uhm.. one piece of advice that I give them is to read anything, whether it be newspapers, magazines, uhm.. library books, books about subjects that they're passionate about.

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**Vanessa Bautista – Student**

When I read books for fun, it like-- it's usually a story. And when you're reading a story, it's easy to kind of understand the story, because it- it doesn't give you like concepts to memorize, and it kind of like gets-- like how it allows your brain to kind of relax because you're just entertained-- like entertaining your brain. Like, and so I guess in textbooks, and I guess, it's- it's always new material. So it's kind of hard to like retain the information and rem-- like remember. <laughs>

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**Dillon**

We as a department recommend that they assess in English and take English and/or reading classes. Uhm.. our studies have shown that the students that start in English early are going to have better grades and be more successful in the rest of their classes than the students that don't take English, and the reading classes early.