

<b>Tough Choices</b>	<b>Your Answer Yes or No</b>
Are you willing to collaborate with others to form study groups or partners?	
Are you willing to find a place on campus for quiet study?	
Are you willing to turn off your cell phone for a few moments of uninterrupted reading time?	
Are you willing to turn off disruptive music or TV while you are studying?	
Are you willing to study for tests four or five days before the test date?	
Are you willing to do assigned readings before you come to class?	
Are you willing to position yourself in class so that you can see and hear better?	
Are you willing to reduce stress through exercise, sleep, or meditation?	
Are you willing to go over your notes after class to clean them up or rewrite them?	
Are you willing to take a few minutes on the weekend to organize the week ahead?	