Self-Assessment of Change

Place an X on each scale to represent your corresponding ACES score from the beginning of the term. Then place another X on each scale to signify where you rate yourself today. Finally, draw an arrow on each scale from the first X to the second to get a visual representation of how you've improved or to identify the skills you might need to strengthen in the future.

Critical Thinking and Goal Setting [HIII] 1 10 20 30 40 50 60 70 Motivation, Decision Making, and Personal Responsibility 40 60 50 70 **Learning Preferences** 30 40 50 60 70 1 10 20 **Organization and Time Management** [HIII] 1 10 20 40 50 60 70 30 80 90 Reading 1 10 20 30 40 50 60 70 **Note Taking** 1 10 20 30 40 50 60 70 80 **Memory and Studying** [HIIIIII] 1 10 20 30 40 50 60 70 80 **Test Taking** 20 40 50 60 70 Information Literacy and Communication [HIIIIII] 1 10 20 30 40 50 60 70 80 **Connecting with Others** 50 10 20 30 40 60 70 80 Personal and Financial Health 20 40 70 1 10 30 50 60 80 **Academic and Career Planning**

30

10

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70

80

90