SELF-EVALUATION FORM

Your name:

Date:

Title of the project:

# Instructions

On this form, record and evaluate your own involvement in this project. In the Log section, record the activities you performed as an individual and those you performed as part of the group. For all activities, record the date and the number of hours you spent. In the Evaluation section, write two brief statements: one about aspects of your contribution you think were successful and one about the aspects you want to improve.

| **Log**Individual Activities | Date | Number of Hours |
| --- | --- | --- |
| Activities as Part of Team | Date | Number of Hours |

| **Evaluation**Aspects of My Participation That Were SuccessfulAspects of My Participation That I Want to Improve in the Future |
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